

Home Blended Food for Tube Feeding: Printable Storage Labels

These storage labels can be printed or used as examples for what to include on the labels of home blended foods.

When storing your home blended foods in the fridge or freezer, try to include on the label:

- What the food is, or “item”
- Date the blend was made
- Date to use the blend by
 - Up to 2 days in the fridge
 - Up to 2 months in the freezer
- Date the blend was thawed, if frozen
- Date to use the blend by when thawed from frozen

peas.ahs.ca

Developed by Registered Dietitians
Nutrition Services and Pediatric Eating And Swallowing (PEAS)



